

December 2023



A newsletter from Rossendale Trust

RossenTales



Packed with great news from around the Trust



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50
YEARS
ANNIVERSARY



Hello and welcome to our December newsletter.

In this issue we pay tribute to a long standing tenant of Rossendale, who recently passed away and will be sadly missed by us all. I am proud to say that the standard of 'end of life care' given by his team was outstanding, dignified and respectful. Thank you to everyone involved; his family were extremely thankful.

We enjoyed a fantastic tenant and staff party at Astra Zeneca with the help of Sodexo and DJ Sean Worth. Thank you to everyone that helped make it a great night.

It seems that Oakwood has had a very busy time recently and there's a great story of employment success in WorkTaste.

Lots of stories from our fundraising team and get your diaries out for a packed year of events in 2024! We hope that you enjoy this issue of RossenTales. Merry Christmas to you all, stay safe and enjoy the festivities. See you all in 2024!

-Andrea Wright - Registered Manager & Head of Supported Living

Arthur Jones



It is with great sadness that we must share the news that tenant of the Trust Arthur Jones (centre) has recently passed away. Arthur moved to Rossendale on 1st January 1985, then to Apartment 8 in 2010. Everyone at the Trust has their own warm memories of Arthur as a lovable character, visiting his friends around the Trust for a brew. Arthur loved attending Oakwood, retiring just weeks before he passed away. He also loved watching Westerns, and visiting agricultural/country shows to see classic cars and tractors. Arthur will be sorely missed by all who knew him, and we have no doubt his memory will continue to bring smiles to our faces as people remember the times they spent together.

Happy Holidays

Holidays are an important part of life, giving us the opportunity to rest, recuperate and experience a change of scenery. Whether it's a seaside break or a countryside retreat, a holiday gives us something to look forward to, as well as something to reminisce about.

The Rossendale Trust has always strived to support tenants to enjoy holidays and 2023 has been no different. Over the last couple of months:

- **Jon and Doug enjoyed a few days in Scarborough.**
- **Ben and Ashley spent a week in Blackpool.**
- **Sarah flew to Ireland and enjoyed a few days exploring.**
- **Paul loved his visit to Anglesey.**
- **Mandy & Cara both enjoyed short breaks in Blackpool**

Lots of memories made and everyone is looking forward to what 2024 may bring...



Tenant & Staff Christmas Party

Tenants and staff from the Trust enjoyed their annual festive celebrations at Astra Zeneca at the beginning of the month. Everyone enjoyed the excuse to don their Christmas outfits, dance, sing and enjoy Astra Zeneca & Sodexo's hospitality with a local DJ Sean Worth. Thank you to all the staff who supported Tenants to join us and those who came along in their spare time to celebrate with us all.



WrestleMania



First Class Wrestling made its much-anticipated return to Macclesfield Leisure Centre in November. Tenants from Rose Gardens and Canalside View enjoyed the evening's entertainment.



Oakwood Interview - *Dawn*



Jason Blythe, the Day Service Manager was approached at our recent fashion show by a family member of one of Oakwood's service users, Dawn Lovatt. They told him how impressed they were by how much Dawn had developed over the years from accessing the cookery activity and how her confidence had come on leaps and bounds.

Jason caught up with Dawn to discuss further.

JB "So Dawn, tell me a bit about yourself".

DL "I've been coming to Rossendale for around 8 years now".

JB "Wow, it's been 8 years now, what sort of things have you been doing?"

DL "I've done the Media group, doing things such as making cards, working with Jane on the sublimation to make all the products that we sell, working with Tash to do the online shopping to order all the supplies for here, Langley Village Hall and the apartments and I have created my own recipe book in Media with all the recipes over the years I've worked on. I would now like to work on a new recipe book with my own ideas and recipes I have adapted."

JB "That sounds brilliant!"

JB "What recipes are in there?"

DL "There are lots of recipes and also I've typed up the method of how we made them. I've got some pictures of Eian, even got some of him smiling for a change!"

JB "I'll make sure I get that in the article!"

JB "So you've also been doing cookery then? What sort of things have you done in there?"

DL "I've learned how to make homemade mayonnaise, homemade butter, Enchiladas, fish, chips and peas, Bakewell tarts, but we didn't use puff pastry, we used shortcrust and my mum said they were delicious, as did my driver who brings me here!"

JB "So what have you enjoyed most about cookery?"

DL "That Eian has let me adapt the meals to the way I eat, there a certain things I don't eat, so all I have to do is tell Eian and he lets me add different bits to it and also anytime I or anyone in the group want to make suggestions for things to cook, he accommodates it".

JB "What do you think you have learned?"

DL "My confidence has come on leaps and bounds".

JB "I can definitely agree with that one Dawn from when you first came."

DL "My people skills, I've learned to not be as full on or abrupt when speaking to someone and I feel I've come out of my shell a lot more, I'm more willing to speak to people, whereas before I came here, I was really quiet and withdrawn".

JB "How about skills that you've learned for the kitchen?"

DL "Knife skills definitely, yes, I'd say the main new skill I've learned would be how to use knives safely and all the dangers that can be in a kitchen".

JB "That's great Dawn, it's so important".

DL "And also, I've learned when I'm working with the group, to not just jump in and do things for people, I've learned to let others have a go, to take a step back. I love helping people but I'm trying to let other people do things for themselves, so they don't think I'm not letting them have a go".

JB "A very hard question for you now Dawn, in the past 8 years, what has been your favourite dish you've made?"

DL "Sweet and sour chicken and a Thai Green Chilli, I made my sweet and sour sauce with honey and it tasted great and I loved the Thai Green Chilli because we put peanut butter in and I love peanut butter!"



JB "What about going forward Dawn, is there anything you'd like to do, new activities, do something you did before again?"

DL "Me, Eian and a few of the cookery group have been down to cook at a soup kitchen for the homeless, I'd love to go and do that again."

JB "What's been your favourite moment so far Dawn?"

DL "I think it's just being able to come here, I always feel safe, it's like a home from home".

JB "What a lovely way to finish, thank you so much Dawn".

Jason also caught up with Dawn's mother to ask if she had anything to add, she said "Dawn has flourished at Rossendale, she feels safe and secure, it's her happy place, she just loves it there and wherever we go she can't stop telling everyone about it!"

Chatsworth House



Every Thursday our Day Trip group head off on another adventure, and recently they kicked off the festive season with a trip to visit the Christmas markets at Chatsworth House. There were plenty of stalls to wander through, a band to create a great atmosphere and plenty of treats to sample. The group really got into the festive spirit and enjoyed sharing the experience together. Richard

explained,

"I loved meeting the band, it made my day" and Ashley clearly enjoyed the food stalls commenting "My favourite part was definitely all the free samples."

It was a great start to the festive season and with plenty more Christmas activities planned, the group are in for a very busy and fun few weeks!



Arighi Bianchi sign new employment contract with Paul



WorkTaste Coach Julie Barnes, first started to support Paul in August 2022 when he returned to his WorkTaste placement post Covid.

Paul works hard at all times and is keen and willing to learn. He is a valued member of the Arighi Café Bar team and all the staff and customers think he is wonderful. Paul is always smiling, polite and friendly and some customers have said they come in on a Wednesday especially to see Paul.

Paul never wants to leave at the end of his shift and never complains about the hard work – even when it is busy.

Paul's hard work, commitment and fantastic attitude have resulted in him signing a contract of employment with Arighi Bianchi. Everyone at the Trust is proud of what Paul has achieved and how he continues to progress, no one more so than Coach Julie,



"Paul is an absolute delight to support and our next step is to start walking to Arighi's and back again so that he can become more independent. He now has a contract of employment and will be getting paid from the end of October. This is so very well deserved and confirms what an asset Paul is to the team."

Huge WELL DONE to Paul and a big thank you to his colleagues Hannah, Adam and all the staff at Arighi's who have made Paul and Julie so welcome and ensured they feel very much part of the Arighi Bianchi family!

The Gift of Giving



Well as we head towards the final weeks of 2023, we take time to reflect on what has been an exceptional year for The Rossendale Trust. Preparations for 2023 started way back in 2022 as we developed ideas to celebrate our 50th anniversary. And as the New Year got underway final plans and preparations were made and it was all go, go, go as they say!

Whilst keeping our more traditional and well-loved events such as the Summer Fete, Fashion Show and Ladies Lunch, we also introduced some new and exciting events for supporters to get involved in. We held our first ever Ball in the glorious Macclesfield Town Hall and welcomed over 100 guests to this Golden celebration. A Family Golf Day took place in the September sunshine at Marton Meadows Golf Club and of course our wonderful garden party and afternoon tea which we hosted at our very own Rossendale Hall.

We once again had an inspiring team of individuals who take part in various events for us including the London Marathon, London Landmarks Half Marathon and even a skydive!

And whilst we anticipated a quieter year in 2024, such has been the feedback and support from everyone that we are doing it all again next year. Full details of our events list for 2024 are included



in this issue so you can save the dates! Please get in touch if you are interested in purchasing tickets, volunteering your time, taking part in a challenge or sponsoring any of events.

We are absolutely delighted that we have increased our fundraising by over 50% when compared to this time last year. We couldn't achieve the success we do without the support of individuals and the wonderful business community of Macclesfield and the surrounding areas. Many businesses and individuals have shown their support in 2023 and this has been invaluable to our success. So, whether you have bought a ticket to an event, volunteered your time to help, sponsored an event, donated a raffle prize or liked and shared our news on social media – thank you for your gift. It all helps us achieve our fundraising goals and makes sure that we can continue to support those people who use our services.

On behalf of everyone at the Trust we wish all our supporters a very Merry Christmas and we look forward to continuing our collaborations with you all in 2024.

Sue Heaven, Head of Fundraising & P.R

Well that's a wrap as they say!



In mid November we held our final fundraising event of 2023. After what has been a jam packed year, we were delighted to finish our calendar of events at La Dulce Vendimia where Emily and her mum greeted our guests and hosted a fabulously festive wine tasting.

This is the second wine tasting event we have held this year and they have proved very popular. Emily is a perfect host who shares her knowledge and love of wine in very relaxed, informal and friendly surroundings. We can't wait to return in 2024!!

Thank you to our guests on the evening for your support. It was lovely to meet you all.

Gift Aid Awareness

Ticking the Gift Aid box takes seconds, but it can make a lifetime of difference to the people we support. So next time you donate please make sure you tick the box. By ticking the box, we can claim an extra 25% on your donation, an extra 25p for every £1 donated. And it doesn't cost you a single penny.

If you donate online you will be prompted to tick the box, if you are making a cash or cheque donation then you can download a Gift Aid form from our website and send this to us along with your donation.

A graphic illustrating the Gift Aid process. It shows a hand placing a pink heart on a black line. Below this, the text "giftaid it" is written in a cursive font. Underneath, a diagram shows "£1" plus a pink square with a white checkmark equals "£1.25p". At the bottom, a small text box explains: "Donate with Gift Aid and the government will add 25% to your donation. It won't cost you an extra penny and all you have to do is #TickTheBox".

giftaid it

£1 + ☒ = £1.25p

Donate with Gift Aid and the government will add 25% to your donation. It won't cost you an extra penny and all you have to do is #TickTheBox

Fashion Fundraiser Raises Over £3,000



Recently, our staff and tenants took centre stage at a dazzling catwalk event, captivating a crowd of over 200 guests. Astra Zeneca's Millcourt reception provided the perfect setting for the event and we are so very grateful for their generosity and support in helping us to ensure our evening went to plan.

The runway extravaganza featured our fashionable ladies donning clothing from the renowned SOS Boutique in Bramhall, while our dapper gentlemen were decked out in style by Marks & Spencer, Handforth Dean. The evening was a resounding success, as our models exuded confidence, strutting their stuff in front of a very welcoming and enthusiastic audience.

The event was a memorable one for all who participated, with our models soaking up the atmosphere. Guests had the opportunity to peruse and shop from an array of Christmas market stalls, allowing them to kickstart their present shopping early. We were very grateful for the generosity of our stallholders who kindly contributed prizes for our raffle draw.

But the festivities didn't end there. The night concluded with a fun and, at times tense, round of bingo, hosted by our expert bingo callers, Julie and Joanne.

Thank you to everyone who joined us to show their support on this special evening. Through your collective efforts, we successfully raised over £3,000, which will enable us to provide invaluable 'extras' for the individuals we support. This substantial contribution will make a significant impact on the lives of those living at the Trust, and we couldn't be more appreciative of your support.





Rossendale Trust

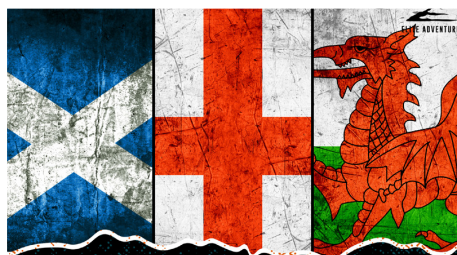
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NATIONAL
THREE
PEAKS



LAKE DISTRICT
7 PEAKS



YORKSHIRE
THREE
PEAKS



Rossendale Trust

Supporting independent futures

2024 EVENTS

Wine Tasting - March 14th - *La Dulce Vendimia, Castle Street, Macclesfield*

Ladies Lunch - May 9th - *Mottram Hall, Wilmslow Rd, Macclesfield*

Summer Ball - June 8th - *Macclesfield Town Hall*

Afternoon Tea - July 18th - *Rossendale Hall, Sutton, Macclesfield*

Annual Fete - August 11th - *Rossendale Hall, Sutton, Macclesfield*

Family Fun & Golf Day - Sept 14th - *Marton Meadows, Marton*

Fashion Show - Nov 7th - *Astra Zeneca, Macclesfield*

Our Core Values

Warm The Trust is a homely environment where everyone feels welcome and well supported.

Respectful We respect and appreciate others for their individual beliefs, passions, goals and choices, whilst embracing person centred care.

Inclusive The Trust provides an inclusive environment where people of all backgrounds can come together and feel valued.